

## **EPHESIANS: A Study by Bill Jones**

Rising up alive through Christ,  
Walking daily as one in Christ,  
Standing firm with the power of Christ.  
Ephesians Chapter 1

### **I. Paul points out our blessings from God**

- A. Grace and Peace from God** (Ephesians 1:2)
- B. Praise to God** (Ephesians 1:3)
- C. Blessings from Christ** (Ephesians 1:3, Romans 8:34-35a)
- D. Our position in Christ in God's eyes**
  - 1. God chose us in Christ** (Ephesians 1:4)
  - 2. Holy and blameless in God's sight**  
(Ephesians 1:4, 2 Corinthians 5:21)
  - 3. Loving us as sons in accordance with His pleasure and will**  
(Ephesians 1:5, Romans 8:13-17)
  - 4. Freely giving us grace through Christ to His praise and glory**  
(Ephesians 1:6)

### **An aside: Predestination or free will?**

“proginosko” which means to know beforehand, translated “foreknew” in Romans 8:29  
“proorizo” which means to decide beforehand, translated predestined in these verses  
God predetermined or decided ahead of time that He would call a nation of Israel and a Church representing the body of Jesus, but each individual has a choice whether to be a part of it.  
(Ephesians 1:4-5, 11, Romans 8:29-30, John 3:16, Galatians 3:6-9, 26-29, Romans 9:6-8, 11:1-24, John 15:1-8, Matthew 3:7-10, John 8:31-41, Romans 8:12-17, 2 Peter 3:9)

### **II. Paul cites our gifts from God**

- A. Redemption through Christ's blood** (Ephesians 1:7)
- B. Forgiveness of sins** (Ephesians 1:7)
- C. Riches of God's grace** (Ephesians 1:7-8)
- D. Revelation of the mystery of Christ according to His pleasure and will** (Ephesians 1:9)

### **III. Paul enumerates the plan of God for us**

- A. Unification of all things under Christ Jesus (Ephesians 1:10)**
- B. Joint heirs with the chosen one to His praise and glory**  
(Ephesians 1:11-12)
- C. To be included in Christ for all who believe (Ephesians 1:13)**
- D. To be sealed with the Holy Spirit the guarantee of our inheritance**  
(Ephesians 1:13-14, Romans 8:12-17)

### **IV. Paul prays for a deeper walk, understanding, and maturity in our faith and walk with Jesus**

- A. Thanking Jesus for our faith and love (Ephesians 1:15-16)**
- B. Giving us the Spirit of wisdom and revelation to know God better (Ephesians 1:17)**
- C. Enlightening our hearts to know the glorious hope and riches of our promised inheritance as children of God**  
(Ephesians 1:18, Romans 8:12-17)
- D. That we might experience within us the mighty power and strength we have in the Holy Spirit through Christ Jesus**  
(Ephesians 1:19)

### **V. God exalted Christ to the highest place and gave Him the name above every name (Philippians 2:9)**

- A. Raised and seated at God's right hand in the heavenly realms**  
(Ephesians 1:20)
- B. Far above all rule, authority, power, dominion, and title forever**  
(Ephesians 1:21)
- C. All things under His feet as the head over everything**  
(Ephesians 1:22, Psalm 110:1, Philippians 2:9-11)
- D. The Church is His body the fullness of Christ who fills us and all things (Ephesians 1:23)**