

Monday, March 4, 2024 - Day 17 of Lent

Open in Prayer:

Holy, Holy, Holy, are you, Lord Jesus! Let your Word move through our bodies today. May your Word stir within our heart and soul a creativity to worship you through song, through reflection, through study, and through silence. May our lives today be a jubilant melody for the world around us to hear, as we point them to you!

Read Psalm 68:7-18 (NIV)

When you, God, went out before your people, when you marched through the wilderness, the earth shook, the heavens poured down rain, before God, the One of Sinai, before God, the God of Israel. You gave abundant showers, O God; you refreshed your weary inheritance. Your people settled in it, and from your bounty, God, you provided for the poor. The Lord announces the word, and the women who proclaim it are a mighty throng: “Kings and armies flee in haste; the women at home divide the plunder. Even while you sleep among the sheep pens, the wings of my dove are sheathed with silver, its feathers with shining gold.” When the Almighty scattered the kings in the land, it was like snow fallen on Mount Zalmon. Mount Bashan, majestic mountain, Mount Bashan, rugged mountain, why gaze in envy, you rugged mountain, at the mountain where God chooses to reign, where the LORD himself will dwell forever? The chariots of God are tens of thousands and thousands of thousands; the Lord has come from Sinai into his sanctuary. When you ascended on high, you took many captives; you received gifts from people, even from the rebellious - that you, LORD God, might dwell there.

Answer the following Questions:

This is a Psalm of praise. It is focused on the same topic we deal with yesterday in Worship – Salvation – and the Power of God seen in and through Salvation.

This passage lays out three movements. What are they?

1. (vs. 7-10)
2. (vs. 11-14)
3. (vs. 15-18)

How can those three movements describe the three movements of the Christian Life?

- 1.
- 2.
- 3.

Verse 18 describes one who ascended on high, leading out captives. Read Ephesians 4:8 and explain who Paul refers to as the one who ascended on high.

If you are struggling with anxiety or fear in life currently, refer to these verses and hold fast to what they say about Jesus.

Close in Prayer

Heavenly Father, thank you for the power you display in our lives. Thank you for Jesus, who conquered sin and death on my account. Today, may I feel your equipping and joy because of the Holy Spirit working in and through me, as I go out and seek to share your grace and love with others. Amen.