

Saturday, March 30, 2024 - Day 40 of Lent

Open in Prayer:

Father, as I wait in the silence of Saturday, joining the earth with anxious anticipation, allow my heart to join with yours in the silence, so I might rejoice with you as Life, Hope, Grace, Joy, and Jesus rise with the dawn tomorrow! May my heart and voice cry out together in the joy of the Resurrection!

Let's get into God's Word today!

Read Luke 23:53-56 (NIV)

Then Joseph took it down, wrapped it in linen cloth and placed it in a tomb cut in the rock, one in which no one had yet been laid. It was Preparation Day, and the Sabbath was about to begin. The women who had come with Jesus from Galilee followed Joseph and saw the tomb and how his body was laid in it. Then they went home and prepared spices and perfumes. But they rested on the Sabbath in obedience to the commandment.

Answer the following questions:

1. Jesus was placed in the tomb, and would have to wait to have His body prepared for death, as was custom, until the weekend passed. It tells us that Joseph, as well as the women saw the tomb and saw his body laid in it. Why would Luke record this fact? What might skeptics say about Jesus, in order to disprove his death?
2. What two things did the women do when they arrived at home?
3. Why is this important to the story?
4. As we spend today in the in-between – the day in-between God's Friday and the Lord's Day – what might you be doing to prepare for Easter? What level of rest is God asking you to take today?
5. Why might it be important to rest before Resurrection Day? What might you need to do today to prepare your heart and mind to celebrate tomorrow?

Close in Prayer

Father God, may we rest as you ask, and prepare to encounter you tomorrow!
Amen.