

## **Spiritual Health Check Week 1** **Spirit-Filled Worship:**

*Assess the strength of your worship life by choosing one of the following from the top list for each question. When a question is asked which needs a numerical answer, choose from the second list.*

1 = Never      2 = Seldom      3 = Occasionally      4 = Frequently      5 = Always  
1 = weekly      2 = A couple times a month      3 = once a month

1. I experience God's presence in worship and recognize changes needed in my life as a result.
2. How often do you gather with other believers for worship?
3. When God makes me aware of His will in an area of my life, I follow His lead.
4. I submit to Christ's Lordship over my life.
5. I have fully surrendered to the Holy Spirit, and I ask God daily to fill me with the Holy Spirit.
6. I can gather truth from God's Word when anyone preaches, and any type of music is used in worship.

Answer the following questions:

7. Where did you see spiritual growth in your life in 2024?
8. What growth do you hope to see in 2025?
9. Do you have a growing desire to spend time with God in worship and study of His Word? Why or Why not?
10. How would you explain your prayer life currently?
11. Do you want to see your prayer life grow in 2025? In which areas? Are you open to meeting with someone or attending a seminar on this subject?
12. Do I spend time each day in personal worship – through singing, studying God's Word, praying for others, etc.

Thank you for participating in week one of the assessment. At the end of this series, you will be asked if you'd like to participate in certain classes, meet with a mentor, or discuss your spiritual growth with an elder. We desire to see each person at Hendersonville Presbyterian Church growing to look more like Jesus each day. Why not make a big step in 2025 spiritually?